

Afternoon Electives



STRETCH & STRENGTHEN CLASS

with Kim Faulkner

Join Kim, an accredited fitness and yoga instructor as she leads us in a time of body, mind and spiritual nourishment as we stretch and strengthen our God-given bodies. Bring flexible clothing and a mat or towel. If you have any medical conditions please provide a medical certificate.



A CHRISTIAN APPROACH TO WELLBEING

Workshop with Amanda Hallihan

Discover what a Christian approach to wellbeing looks like. This workshop will be both informative and practical. Come prepared to learn a Christian meditation practice that will support your mental health while encouraging you in your walk with Jesus.



BYO CRAFT PROJECT

with Sonya Mears

Bring whatever craft project you are working on and enjoy whilst sitting alongside some other crafty types. You might bring your crochet, knitting, drawing, painting, weaving, beading, or whatever!



FANCY CUPCAKE DECORATING

with Marion Vagg

Ever wanted to learn to pipe perfect buttercream embellishments on your cakes? Back by popular demand; come and learn this great skill.
(Cost \$10, max. 10 people)



WATERCOLOUR PAINTING

with Annie Oyston

Freestyle watercolour painting alongside good conversations. No prerequisite skill required - this can be as complex or as blob-like as you want!



CRAFTING: CREATIVE GIFT BOXES AND BAGS

with Lisa Jones

Create different kinds of unique gift boxes and packaging from scratch. Perfect if you love making beautiful things with your hands.
(Cost: \$5, max. 12 people)



BOOT-SCOOTIN' DANCING

with Julie-Anne Jones and Karen Dixon

For those who remember from our Girls Gig in the Garden, this is an opportunity to burn off some of lunch with fun line dancing to country music anthems.



SOCIAL COASTAL WALK

Spend some time in nature with good company as a group strikes out on a 4-5km walk around the beautiful coastal surrounds of Kiama. Bring good walking shoes and water.



FREE TIME

Free time is an option to you during elective time. If you would prefer time alone, or with friends, you can sit in a beautiful place or visit the shops of Kiama.